

WEST SIDE GYMNASTICS

SCHOOL YEAR PROGRAM

Starting Monday, August 29, 2011 – Saturday, June 2, 2012

1347 Sunset Drive – Copley, Ohio * (330) 666-9401 * www.westsidegymnastics.net

CLASS	MON	TUES	WED	THURS	FRI	SAT
PARENT-CHILD	5:15 - 6:00	10:15 - 11:00		7:00 - 7:45	10:15 - 11:00	
3-4 YEARS	4:15 - 5:00 5:15 - 6:00 6:00 - 6:45	10:15 - 11:00 11:00 - 11:45	2:00 - 2:45	5:15 - 6:00 6:15 - 7:00 7:00 - 7:45	9:15 - 10:00	12:00 - 12:45
4-5 YEARS	4:15 - 5:00 6:00 - 6:45	11:00 - 11:45	2:00 - 2:45 4:15 - 5:00	6:15 - 7:00 7:00 - 7:45	10:15 - 11:00	
5-6 YEARS	5:00 - 6:00 6:00 - 7:00	4:30 - 5:30 6:00 - 7:00		6:00 - 7:00		
BEGINNER	7:00 - 8:00	5:00 - 6:00	5:00 - 6:00 6:00 - 7:00 7:00 - 8:00	4:00 - 5:00	5:00 - 6:00 6:00 - 7:00	
INTERMEDIATE	7:00 - 8:00	5:00 - 6:00	7:00 - 8:00	4:00 - 5:00		11:00 - 12:00
LEVEL 1/2			4:00 - 5:30			
10 & UP		7:00 - 8:00				
YOUNG CHEER (5-8yrs)						10:00 - 11:00
YOUNG TUMBLING (5-7yrs)		5:30 - 6:30				
BEGINNER TUMBLING (8 & UP)			6:00 - 7:00		4:00 - 5:00	
INT /ADVANCED TUMBLING			6:30 - 8:00			
BACKHANDSPRING CLINICS		7:00 - 8:00	5:00 - 6:00			
TUMBLING PLUS GYMNASTICS		6:30 - 8:00				
BOYS 4-5 YEARS			5:15 - 6:00			
BOYS 5-7 YEARS		4:00 - 5:00	6:00 - 7:00			
BOYS 8 & UP			7:00 - 8:00			

Tuition Period	Dates	# of Classes	Days Closed
3rd Tuition	Mon. January 16 - Sat. March 24	All Classes <u>10 weeks</u>	
4th Tuition	Mon. March 26 - Sat. June 2	Mon, Fri, Sat Classes <u>9 weeks</u> Tue, Wed, Thurs Classes <u>10 weeks</u>	Fri. April 6 - Sun. April 8 Spring Break Mon. May 28 Memorial Day

★ Early Bird Special: Pay your full tuition by your first class and receive a \$10 discount per child!

<u>Tuition payment 10 weeks</u>			<u>Tuition payment 9 weeks</u>			<u>Tuition payment 8 weeks</u>		
		2nd child			2nd child			2nd child
45 min	\$125	\$114	45 min	\$114	\$104	45 min	\$102	\$93
1 hour	\$140	\$127	1 hour	\$127	\$115	1 hour	\$114	\$104
1 1/2 hour	\$175	\$159	1 1/2 hour	\$159	\$144	1 1/2 hour	\$142	\$129

Registration Fee: \$35 per student / \$60 per family

Welcome to West Side Gymnastics

Class: _____
Day: _____
Time: _____
Coach: _____

Your child is registered to participate in this class at this time. Please give the office notice if you have to switch or drop a class for any reason.

If your child can not make it to class your child is permitted to take a makeup class. These makeup classes **MUST** be scheduled through the office. Keep in mind that your child will learn best when attending his or her original class on a regular basis.

Each class will learn and progress together. They will be introduced to new and more difficult skills when they are physically ready to do so. Each level may take between 6 months to a year (or more) to master. Please be patient, as each child learns at a different pace.

Rules for the Gymnast

- ◆ Wear comfortable clothes – leotards, unitards, or elastic waist shorts and a tucked in t-shirt are great.
- ◆ All hair must be pulled back into a ponytail, pigtails or secured by a clip barrette.
- ◆ Please do not wear any jewelry, watches or accessories such as plastic headbands that may break or injure you.
- ◆ Before your class starts, wait in the hallway or shoe room until your coach calls for your class to start. No one is permitted to run around or flip while waiting for class to begin.
- ◆ Follow all directions and warnings! Your coach will tell you how to stay safe when performing gymnastics, moving through the gym and when using the equipment.
- ◆ You are required to stay with your class. You are not allowed to leave the gym without permission.
- ◆ Be careful when walking around in the gym. There are many other classes and teams that are practicing at the same time. To avoid injury look and listen before crossing the gym.

Policies for Parents & Visitors

- ◆ Please come inside to drop off and pick up your child. It may take a few extra minutes but it is worth it to guarantee the safety of your child.
- ◆ Please read any and all notices that are posted around the office and the front door. These posts contain important dates, information and closings that you will need to remember.
- ◆ Parents are not allowed into the gym or trampoline areas for any reason
- ◆ If you need to collect your child before his or her instructor has released class - you are not allowed to enter the gym area – please ask a staff member in the office or the gym to assist you.
- ◆ Coaching from the balcony is **NOT AN ACCEPTABLE PRACTICE!** It is a distraction to all the gymnasts, coaches and other observers.
- ◆ Please treat the observation area as you would a doctor's office waiting room. Keep all siblings and visitors occupied and quiet. Keep all noises and disruptions to a minimum.